



# My Journey

**Dr. Santushti Thapar | Founder, Shree Rama Rajya Parishad**



## A Seed in the Soil of Struggle

I was born not amidst riches, but amidst dreams.

Dreams nurtured in a small corner of Haryana, where simplicity was a way of life, and every sunrise carried the silent prayer of hope.

My early childhood was a soft, tender space.

But life, as it always does for those destined to walk a different path, turned my journey into a crucible of strength.

After a severe family setback, we moved to my mother's hometown — a modest place where our rented home whispered stories of resilience at every wall.

Books became my companions.

Philosophy, Dharma, the lives of saints and warriors — they were not just subjects I studied; they became the unseen hands shaping my spirit.

Where others played, I questioned.

Where others dreamt, I resolved.

Even as a child, I understood:

**struggle is not a punishment; it is a purification.**



## The Fire of Self-Reliance

By eighteen, when many are still finding themselves, I was already standing at life's crossroads.

Armed with little more than hope, I stepped into my first role — a kindergarten teacher, earning ₹1500 a month.

Teaching tiny children, watching them bloom, gave me a glimpse of my life's true work:  
**awakening light in others.**

I did not have the luxury to be confused or delayed.

I became a school teacher, a BPO trainer, a language coach.

I learned web designing and fashion designing —

not because the path was clear, but because the hunger to build myself was greater than my fears.

No guidance.

No privileges.

Only an unshakable decision: **to rise.**

And rise, I did — one honest breath, one silent prayer, one determined sunrise at a time.

## **The Pilgrimage of Knowledge**

Even amidst long hours of work and endless responsibilities,  
the sacred thirst for knowledge never left me.

Step by step, I carved my academic journey:

- **Bachelor of Arts (B.A)** – M.D. University
- **Bachelor of Education (B.Ed)** – M.D.U
- **Master of Arts (M.A)** in Political Science – Kurukshetra University
- **Master of Business Administration (MBA-HR)** – Symbiosis
- **Doctorate (Ph.D.) in Hinduism** – G.D. Goenka University

My doctoral research on *Coexistence, Confrontation, and Transformation in Hinduism* was not just academic —

it was a spiritual odyssey.

It reconnected me to Bharat's timeless soul and prepared me to serve her revival.

Alongside, I rigorously **prepared for UPSC Civil Services Examination** at Chaitanya Institute, Delhi — sharpening my understanding of governance, public ethics, and dharmic leadership.

Across **20 years** of educational experience — from **CBSE, IB**, to **IGCSE** schools —

I witnessed firsthand:

**the urgent need to integrate Dharma into education.**

Knowledge without Dharma is barren.

Education without soul is dangerous.

This became my living mantra.

## **Two Decades of Service in the Field of Education**

While my academic journey was a pilgrimage of knowledge,  
my professional life became a pilgrimage of *service and transformation*.

I began humbly as a **Kindergarten Teacher**, nurturing young hearts with patience and wonder.  
I advanced as a **PGT English Teacher**, where the beauty of words met the awakening of critical thinking.

With time, my leadership roles expanded —

I served as a **Principal**, and later, as an **Academic Director**, overseeing curriculum design, teacher empowerment, and institutional growth.

Throughout this journey, I remained rooted in the deepest value I hold:

### **Life Skills Education.**

No matter the board — whether **CBSE**, **IB**, or **IGCSE** — I emphasized helping children cultivate resilience, emotional intelligence, ethical strength, and inner clarity alongside academic excellence.

I conducted **Teachers' Training Workshops**, inspiring educators to become torchbearers of holistic learning.

I designed and led **Rising Kids Programs** for IB and IGCSE institutions, creating child-centered approaches that blended academics with Dharma-based life skills.

Everywhere I went, life skills education — the seed of inner Dharma — bloomed as my sacred contribution.



## **The Author's Pen Awakens**

Writing, for me, was never ambition — it was *seva*.

A way to pass the torch of awakening forward.

Over the years, I authored **seven books**, each a sacred thread weaving wisdom for a new Bharat:

- *Thyself Empowerment: Life Skills & Social Skills for Yuva Bharat*
- *21st Century and Rama Rajya*
- *Women and Political Power in South East Asia: An Indic Civilizational Legacy*
- *Indian State Politics*
- *Modern Indian Social and Political Thought*
- *21vi Sadi Ka Rama Rajya* (Hindi)
- *A Snapshot on Indian Polity – For Civil Services*

Each book was a prayer — a call for integrity, leadership, inner strength, and national consciousness.

## **The Birth of a New Dream**

Through all these years — as a teacher, trainer, academic, writer —  
one truth became clearer:

**Children and families need spiritual skills even more urgently than academic skills.**

In 2020, during a time when the world stood shaken,  
the voice of Dharma grew louder within me:

*"It is time to build, to restore, to protect."*

Thus, **Shree Rama Rajya Parishad** was born —  
a living Sankalpa to revive the spirit of Ram Rajya in the 21st century.

It was not founded on theory.

It was born from decades of living, serving, observing, and yearning.

Every breath of my journey had led me here.


And from this sacred foundation emerged the **21-Day Spiritual Skills Course for Children** —  
a Kavach for young souls to thrive in the age of AI and digital distractions.


Through Spiritual Skills, we planted seeds of breath awareness, resilience, emotional clarity, ethical living, and inner Dharma in the hearts of tomorrow's leaders.


## **A Movement of Many Rivers**


Under the Parishad, my Sankalpa manifested into action:


 **21-Day Spiritual Skills Course** – Building strong auras and clear minds in children

 **Shishu Shakti Mission** – Awakening the Devi within every child

 **Being Primed Movement** – Teaching the sacred art of mitochondrial health, sunlight, grounding, and nature-alignment

 **Devi Kavach and Mito Kavach Courses** – Root healing and spiritual science for health and wholeness

 **Digital Dharma Campaign** – Educating about EMFs, blue light toxicity, and sacred tech discipline

 **Sri Ambika Women Tribe** – Empowering women as modern Devi Shaktis in their homes, careers, and communities

## **Recognitions on the Path**

Grace has been generous on this path:

- **Rashtriya Gaurav Samman Award** – for Child Ethical Education
- **Mahila Samman Puruskar** – for Girl Child Education
- **Women Empowerment Awards** – consecutively for three years
- **Renowned Educationalist Award** – by EGN India

But no recognition equals the silent transformation seen in the lives of the children, parents, and seekers we touch.

## **The Eternal Flame: Vision for the Future**

The journey continues.

The flame only burns brighter.

I envision a Bharat where:

- Every child is spiritually armored against the storms of technology and confusion.
- Every woman rediscovers her Shakti and stands tall in her Dharma.
- Every family becomes a conscious temple of resilience, ethics, and inner peace.

I work not for applause, not for recognition —  
but because **this is my tapasya.**

**This is my offering to Bharat Mata.**

**This is my humble participation in the ancient promise of Ram Rajya.**

And as long as breath animates this body, I shall walk this path —  
lighting one lamp at a time.



*In gratitude and in unwavering faith,*

**Dr. Santushti Thapar**

Founder, Shree Rama Rajya Parishad